

MARCH 29-31, 2018  
MAUNDY THURSDAY  
GOOD FRIDAY  
HOLY SATURDAY



*We are healed through Jesus' suffering.*

### HOLY WEEK BIBLE READINGS

Take time to read and reflect on these Bible passages as part of your Holy Week observances.

Thursday	John 13:1-17, 31b-35	Jesus washes disciples' feet
Friday	Isaiah 52:13-53:12	God's suffering servant
Saturday	Psalms 31	Prayer for deliverance

### SCRIPTURE VERSE FOR HOLY WEEK

But he was wounded for our transgressions, crushed for our iniquities; upon him was the punishment that made us whole, and by his bruises we are healed. **Isaiah 53:5 (NRSV)**

### PRAYERS AND BLESSING

#### **A Prayer for Holy Week:**

Lord Jesus, you stretched out your arms in love for us. Through your suffering we are healed. Open our hearts and the hearts of others to receive your love. Amen.

#### **Mealtime Prayer:**

Merciful God, through suffering and death you heal us. Through this food you restore us daily for love and good deeds. Thank you, Lord Jesus. Amen.

#### **A Blessing to Give:**

May the crucified Christ shine his face upon you and save you through his steadfast love. (Psalm 31:16)



© 2017 Milestones Ministry, LLC. All rights reserved.

MARCH 29-31, 2018  
HYMN FOR HOLY WEEK  
*Were You There*



### CARING CONVERSATIONS

Discuss in your home or small group:

- Tell about a time you were in great pain.
- Thinking about the story of Jesus' sufferings and death, what stands out to you?
- If you could write words for a sign to place above the cross of Jesus, what would they be?

### DEVOTIONS



*Read:* John 18:1-19:42 or for children, read about the betrayal and death of Jesus in a storybook Bible.

Light a candle to symbolize the life of Christ. At the point in the reading when the death of Jesus is recounted, snuff out the candle and have a period of silence. Invite each person to say a prayer of thanks to Jesus for his suffering that brings healing to the world.

*Pray:* Lord Jesus, you stretched out your arms in love for us. Through your suffering we are healed. Open our hearts and the hearts of others to receive your love. Amen.

### SERVICE



In John 13:1-17, Jesus washed his followers' feet to symbolize how he would serve, cleanse, and heal them through his death on the cross. Have you ever washed someone else's feet or had them wash yours? Why would you do this? After discussion, conclude with this prayer: **Dear Jesus, in the washing of feet you cleanse and heal us and send us out to serve and love one another. Help us to serve others as a way to show our love for you and all that you have created. Amen.**

### RITUALS AND TRADITIONS



Are there any faith practices you have added to your daily life during Lent? If so, what were they? From Thursday evening to Saturday afternoon have simple meals to give more time for reflection and prayer regarding the healing Jesus brings through his suffering. Read Isaiah 52:13-53:12 during mealtimes. Place a nail at each place setting as a visual reminder of the real suffering Jesus endured. End meals with this blessing: **May the crucified Christ shine his face upon you and save you through his steadfast love.**



In addition to *Taking Faith Home*, celebrate milestones in your daily life as an effective faith formation tool. Go to: [www.milestonesministry.org](http://www.milestonesministry.org)